



## Scenario 2: Depression – "Part of me was fading away"

(Time: 0:12-04:13)

In the opening scene, Chaplain Roberts shares his own struggle with depression and grief. He talks about a sadness that came over him because of the loss of so many of his Soldiers and his need to reconnect with his old unit, with the guys that he had gone through so much deep water. He wondered how they were coping and he wanted to help, if he could.

After viewing the entire media clip, process this clip using the following questions in your small group using following four--step method beginning with Observation.  
(You do not need to use all the questions listed for each step so long as the group is satisfied they have completed the step.)

### OBSERVATION:

- 1) What emotions did you hear expressed by Chaplain Roberts?
- 2) What did you hear the chaplain saying?
- 3) What did you learn about suicides in the unit?
- 4) What did the Soldiers of the unit do?
- 5) What was inferred about the Soldiers of the "No Slack" unit?



## **CORRELATION:**

- 1) What connections to the emotions expressed by Chaplain Roberts did you make?
- 2) In your dealings with Soldiers, do you see any connections with the emotions or sentiments expressed in this clip with the Soldiers you counsel or know?
- 3) Given your own combat experience, how do the challenges faced by the 2--327th correspond to your experiences in other units?
- 4) In what ways have you sensed depression or sadness as a post--combat experience?

## **INTERPRETATION:**

- 1) How is depression manifested?
- 2) How is grief manifested?
- 3) How can you effectively deal with grief or depression?
- 4) The clip mentions suicide. How do you understand the problem of suicide and post-combat experiences?

## **APPLICATION:**

- 1) As a chaplain, have you felt any of the emotions expressed by Chaplain Roberts?
- 2) In your ministry to Soldiers returning from combat, how can you address the grief and depression that they may be experiencing?
- 3) What steps can you take to get help for suicidal thoughts or bouts of depression?